

Care of the adolescent girl at risk for HIV

Module 5 Zoom Activities



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#1: Sexual history role play

Objective: Discuss non-judgmental strategies for taking a sexual history and recognize reasons why young women/adolescents may engage in high-risk sexual practices



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Case

Mary is a 17-year-old girl who presents at the outpatient department (OPD) complaining of vaginal discharge which she has noticed every morning for the previous week. She lives with her grandmother who is unable to pay for Mary's school fees. As a result, Mary goes out with an older man who financially supports her. He provides her with some pocket money and other niceties.

Role play instructions

- In pairs, choose who will play the doctor and who will play the patient.
- Read your appropriate part for your role from:
“Learner Role Play on Zoom” (PDF in the LMS)
- After 5 minutes, switch roles and role-play again

Breakout rooms

10 minutes



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Reflection

What was difficult about that role play?

Reflection

What are three reasons why it is challenging to take a sexual history and how can you address each challenge?

Reasons why taking a sexual history is challenging	Strategies for making it easier to obtain sexual history

Answers

Reasons why taking a sexual history is challenging	Strategies for making it easier to obtain sexual history
Provider discomfort or lack of experience with asking personal questions/taking sexual history	Providers should practice asking questions in education or role play with colleagues
Confidentiality or privacy concerns	Ensure patient privacy by asking questions where others cannot hear or see the visit
Lack of testing resources	Comfort with explaining syndromic approach to patients
Patient embarrassment	Establish good relationship with patient, ensure that she knows her answers to your questions are confidential
Patient not willing to answer questions	Ask open-ended questions rather than yes/no questions
Patient seems overwhelmed/anxious	Referral to peer support groups

#2: Multidisciplinary discussion

Objective: Compare multidisciplinary strategies to prevent HIV in adolescents



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Multidisciplinary rounds instructions

- In your small group, choose one of the following roles:
 - Doctor, nurse practitioner, or other health worker
 - Community activist
 - Peer advocate
- Discuss strategies from the perspective of your selected role that could be used to support adolescents' engagement and retention in care

Breakout rooms

10 minutes



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Answers

Multidisciplinary Team Member	Role/Activity
Doctor/Nurse Practitioner/Health care Worker	<ul style="list-style-type: none">• Create a welcoming environment for adolescents• Ask open-ended questions• Listen to what your adolescent patients say• Empower your patients to speak up• Ensure you are comfortable asking difficult questions• Involve community members and peer advocates• Address barriers to accessing health care services
Community activist	<ul style="list-style-type: none">• Provide education to community members about safe sex practices• Encourage STI screening and HIV testing• Act as a liaison between the healthcare workers and the community• Help address barriers to accessing health care services (at a policy level)
Peer advocate	<ul style="list-style-type: none">• Build relationships with adolescents to encourage engagement with the healthcare system• Serve as a role model• Provide support to adolescents at risk• Empower adolescents to seek care