

## Module 1: Facilitator Guide for Zoom session

**Facilitator Instructions:** Complete the 2 activities below using these instructions and the Mod1-Zoom facilitation slides.

**Suggested time:** 30-40 minutes

### Activity 1: Role Play Activity

**Objective:** Demonstrate how to support an individual newly diagnosed with HIV, with the aim of improving linkage to care and rapid ART initiation for all patients

*(advance to slide 2)*

**1. Remind learners of the case** *(advance to slide 3):*

Blessing is a 24-year-old woman who just tested positive for HIV at a routine visit to her local clinic. She is now being counseled by you about this new diagnosis and its implications for her health. As part of this initial interview, she informs you that she intends to eventually start a family and cannot afford to not work.

**2. Explain the activity** *(advance to slide 4):*

Patients with a newly positive HIV test result may have different emotional responses to the diagnosis, such as sadness, anger, denial, fear, or stress, and may share particular concerns about the diagnosis. It is important to determine ways to support the patient's ability to link to care and begin ART.

You will now have the opportunity to practice supporting an individual newly diagnosed with HIV. You will be moved into breakout rooms in pairs to take part in a role play activity. In your pairs, you will choose the doctor or patient role and read the appropriate part for your role. After 5 minutes, learners should switch doctor and patient roles.

**3. Move students into breakout rooms for 10-minute discussion**

**4. Close breakout rooms and return students back to large group**

### Activity 2: Multidisciplinary Discussion *(advance on slide 6)*

**Objective:** Describe the appropriate interprofessional clinical management and follow-up for (a) a newly diagnosed patient and (b) a stable patient with undetectable viral load

**1. Explain the activity** *(advance to slide 7):*

You will now have the opportunity to compare multidisciplinary strategies for clinical management and follow-up. In your breakout group, discuss important elements of initial care that your health profession would provide for a patient newly diagnosed with HIV. What initial assessments (e.g. medication adherence, substance use, mental health

assessments) would your professional cadre undertake in the management of a patient with a new HIV diagnosis and when would you refer to other members of the multidisciplinary team? What clinical information should be obtained and what questions should be asked of the patient?

**3. Move students into breakout rooms for 10-minute discussion**

**4. Close breakout rooms and return students to large group**

**5. Ask some of the groups to share their thoughts:**

Give members of each health profession present the opportunity to share tips for appropriate referral with the group.

*(advance to slide 9)* In closing for this activity, stress the importance of taking a full medical history and providing a comprehensive person-centered evaluation.